

CPR

EDUCATIONAL RESOURCES

Scan to learn Hands-Only CPR in 60 Seconds



Don't be afraid to utilize campus and local resources!

University Resources

Health Center
Rec Center
Risk Management Office
Panhellenic
Athletic Department

Local Resources

City Police or Fire Department
Hospital

Alumnae

This is a great opportunity to engage with local alumnae! Ask if anyone is a certified health professional and would be willing to volunteer to lead a training. Make it chapter programming or sisterhood event!

You never know when you might need to save a life.

Contact any of the above and identify yourself as a university student and member of Alpha Phi. *Be sure to explain our commitment to heart health!* Ask if a member of their staff would be able to provide CPR training for your Chapter. If not, politely ask if they can offer another recommendation for low or no-cost instruction



alphaphifoundation.org

**IN ANY EMERGENCY
CALL 911**

VISIT FOR A FULL
GREEK LIFE TOOLKIT

aphifdn.org/AHAGreekToolkit